

Introduction to Transcultural Adoption - Suggested Resources

We know it can feel a little overwhelming to know where to start so we suggest looking on ***CATCH at the Transracial Adoption modules*** as a starting point. We have then suggested additional material below. Additionally, we also have some resources on ‘[Equality and Diversity’](https://www.adoptioneastmidlands.org.uk/adopters/health-and-wellbeing/equality-and-diversity/) on our Adopters’ Support Hub including links to reading lists for children

**Recommended by Theresa**

Layla F. Saad: ‘Me and White Supremacy’

Patrick Hutchinson: ‘Everyone Versus Racism’

Reni Eddo-Lodge: ‘Why I’m No Longer Talking About Race’

**Recommendations by the team who produced this workshop**

Pragya Agarwal, ‘Wish we Knew What to Say’

Jeffrey Boakye, ‘Black, Listed’ or ‘Musical Truth’

To watch

* Clio, a young Black Londoner, has recently won the annual ‘**Show Racism the Red** **card’** competition with a powerful just under 3 minute spoken word YouTube piece ['The Journey'](https://youtu.be/XBXD_7V4KbA)
* ‘My name is Leon’ by Kit de Waal, now also a film
* Nova Reid –‘ ‘[Not all superheroes wear capes](https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=&cad=rja&uact=8&ved=2ahUKEwjXn-XRpIDyAhU9hf0HHUqwAioQwqsBegQIBRAB&url=https%3A%2F%2Fwww.ted.com%2Ftalks%2Fnova_reid_not_all_superheroes_wear_capes_you_have_the_power_to_change_the_world%3Flanguage%3Den&usg=AOvVaw1vJ-aa62tOIS1O4-68eR2R): you have the power to change the world’ (Short talk)
* BBC Series, Black is the New Black: Documentary series celebrating Britain’s Black Community, available on iplayer
* Pragya Agarwal,) [What Science Has To Say About Unconscious Bias : Short Wave : NPR](https://www.npr.org/2020/07/14/891140598/understanding-unconscious-bias) (12 minute clip

Short articles/websites

* [BBC Radio 4 - Woman's Hour, 17/08/2019 - How to talk to your children about race and racism](https://www.bbc.co.uk/programmes/articles/7xvLw6Q4qbJBnkzkj6xm9Z/how-to-talk-to-your-children-about-race-and-racism)
* [No more white saviours, thanks: how to be a true anti-racist ally | Race | The Guardian](https://www.theguardian.com/world/2021/sep/19/no-more-white-saviours-thanks-how-to-be-a-true-anti-racist-ally) by Nova Reid
* [The Black Care Experience](https://www.theblackcareexperience.co.uk/)
* [Anti-racism: What does the phrase 'Black Lives Matter' mean? - CBBC Newsround](https://www.bbc.co.uk/newsround/53149076)
* Journalist Georgina Lawton tells her story in an article [here](https://www.theguardian.com/lifeandstyle/2017/mar/18/my-mum-always-told-me-i-was-white-like-her-now-i-know-the-truth) see also her book below
* For talking to children: [Anti-racism: What does the phrase 'Black Lives Matter' mean? - CBBC Newsround](https://www.bbc.co.uk/newsround/53149076)

Autobiography

Lemn Sissay, ‘My Name is Why’

David Harewood, ‘Maybe I don’t Belong Here, A Memoir of Race, Identity, Breakdown and Recovery’

Georgina Lawton, ‘Raceless: In Search of Family, Identity, and the Truth About Where I Belong’

Fiction – for adults, some difficult themes

Candice Carty-Williams, ‘Queenie’

Kiley Reid, ‘Such a Fun Age’

Children’s Books

Pragya Agarwal, ‘Standing Up to Racism’

Floella Benjamin and Diane Ewen, ‘Coming to England: An Inspiring True Story celebrating the Windrush Generation’

Jeffrey Boakye, ‘Musical Truth’

David Olusoga, ‘Black and British – A Short Essential History’

Other suggested reading

Pragya Agarwal, ‘Sway – Unravelling Unconscious Bias’

BAAF, ‘In Search of Belonging – Reflections by Transracially Adopted People’ (Ed: Perlita Harris)

Candice Braithwaite, ‘I am not your Baby Mother’

Robin Di Angelo, ‘White Fragility’

Ijeoma Olua, ‘So you want to talk about race’

David Olusoga, ‘Black and British – A Forgotten History’

Nova Reid, ‘The Good Ally’

Bryan Stevenson, ‘Just Mercy’