Staying in touch with your child's birth relatives is so important for your child’s identity and there can be a range of benefits for your child. Sometimes there can be some difficulties along the way too. You might be thinking about doing it differently, or you might be needing some advice about making it more meaningful for your child.

Would you like to explore with other adoptive parents what staying connected with birth family feels like to different people and consider what the future may look like in respect to how your arrangements may develop over time and listen to each other’s views and ideas?

**What will I gain from this session?**

* Help to think about the issues that can arise in planning and managing current and future arrangements.
* An opportunity to have an open discussion about staying in contact with your child’s birth family and to ask questions
* To hear from other adoptive parents about different experiences of staying connected and how they are working / not working
* Enable you to explore with other adopters the benefits and challenges of Social Media
* a safe place to express your views and think about the best opportunities available for your child.
* Support you in making decisions that are in the best interest of your child

**When and Where is this workshop taking place?**

Wednesday 10th November 2021 - 9.30am-12.30pm

**At present due to Covid 19 restrictions this course will be virtual and undertaken via Microsoft Teams**