

# Coffee and catch-up

**Come and join us for our post-  
Christmas coffee and chat!**

**A warm space to unwind, and plenty of listening ears if you  
need support.**

**Bring yourself, grab a cuppa and just relax.  
Preschoolers are welcome too.**



**Friday January 23rd 2026**

**A venue in Eastwood**

**10am-12 noon**

**[BOOK NOW](#)**