

[illegible]

## 25th October Nottinghamshire Venue

## 27th October Derbyshire Venue

10.00am—3:00pm

## Activities– Sensory regulation theme

## Parent and child yoga sessions

## Make gingerbread biscuits

Make a sensory collage.

Paint a birdfeeder and make a bird cake.

## Plus other activities

Places are limited.



**Please bring a packed lunch for these events. Refreshments will be provided**

## Booking & Information

To book a place at the event please contact:

GabrielleBerends.Marsh@adoptioneastmidlands.nottscg.gov.uk

To find out more information about the venue /event please contact the above e-mail .

Please direct any queries to Allison Lindley on 07834 941 221 or Sarah Kentish on 07580 954 414

**Please book a place for you and your child by Monday 10th October.**